

FIFTH ANNUAL

# Walk for Thought

**Saturday, April 17th in Little Rock's Murray Park**

From Rebsamen Park Road use entrance by the Big Dam Bridge at

**9 am registration opens – 10 am walk begins**

**Course is paved and accessible to wheelchairs and strollers**

**Choose either a flat 1-mile walk or  
a hilly 3.1 (5K) walk over the Big Dam Bridge**

To register or for more information

Online: [www.brainassociation.org](http://www.brainassociation.org)

Phone: 800-444-6443

Entry fee \$20

(includes short sleeve t-shirt and refreshments)

Onsite registration accepted

## Why your help is needed

The national Centers for Disease Control and Prevention estimates that 3.17 million Americans live with disabilities from traumatic brain injury. Every 23 seconds an American sustains a traumatic brain injury. You can support our education, prevention and advocacy efforts by getting pledges and joining our Walk for Thought.

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*Keeping Your Hometown Healthy*

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**2009 Bronze Sponsors**

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**Disability Rights Center . Beef 'O' Brady's**

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